PLP Girls Gen~

Hello again, and welcome to your **second** goodie bag of 2021! If you're receiving this bag it's because you successfully completed the January Challenge and documented your process with photos - thank you, and great job! I was impressed by **all** of the submissions. *All decorated bags were beautiful, and so different*! I loved them! Some were very crafty, some were very professional, some had quotes, some were sparkly and full of glitter, some were inspired by our team mascot "Rosie the Riveter" - but they were all FABULOUS! Sooooo fabulous, that I gave everyone a BJ's gift certificate for your efforts. So you're all winners! However, I did ask several colleagues for their votes and it was decided that team member Katherine's bag would best represent challenge #1. Way to go Katherine! You have a Starbucks gift card added to your goodie bag. But no worries, there's plenty of time for new winners on the next challenges.

February Challenge Bag:

- 1. **Face Mask Project** Please sew and decorate your masks using the kits provided. Be creative! You can mention "Girls Gen," or "Girls Build," or "health and wellness" or anything else you think would personalize it to represent our team and our goal of staying healthy. Don't forget to take lots of pictures of the process (you sewing or decorating), not just the final product. **Deadline: 2/28/21.**
- 2. **"Love" Buttons -** we received these from the Free the Children organization. I'd like you to help PLP Girls Gen spread the love this month by giving a love button to family, friends, neighbors anyone you think would enjoy them. You can even send them through the mail, but keep one for yourself. Try to grab a picture of them wearing one, if they're willing.
- 3. **Etch art** everyone should have a black etch art panel in their bag. Some are blank, and some have a motivational saying on them. Please use a sharp point (like a stylus, sharpened pencil, or back of a paintbrush) to scratch away at the black to reveal a colorful background underneath. Make a pretty pattern, or sign your name, or do whatever you think would look great! Remember, creating art helps relieve stress, so enjoy!
- 4. **Yoga sheets** Did you try out your yoga cards from last month? I added a new yoga position for you to try since stretching and physical activity are so important to keeping the blood flowing...
- 5. **Sweet treat** Okay, again, I know Oreo's aren't really "healthy," but I found these special edition Lady Gaga Oreo's and (because they're pink) I HAD to get them for you! Please ask your parents before eating them. I'm unaware of any potential food allergies or if you are allowed to eat sugar, so parental permission is best. While you're at it, did you know that Lady Gaga has given millions of dollars to charities including providing relief to victims of the 2010 earthquake in Haiti, the 2011 tsunami in Japan, 2012's Hurricane Sandy, and much, much more? Talk about being "IB"!

Be on the lookout for the next bag in March. Don't forget to **document the experience**. Please take pictures of yourself opening and going through your bag, and using your products. Thanks so much for your participation! ~Ms. L :)